



Treatment for dark circles

For both men and women, dark circles under the eyes can be a serious problem because they make you look tired and appear considerably older than you actually are. Many times these dark circles under the eyes are accompanied by baggy lower eyelids. Looking much older than your actual age is probably not the look you were going for. So, this article will outline some of the causes and available treatments to rid yourself of those dreaded dark circles and baggy eyelids.

So What Causes Dark Circles?

Dark circles under the eyes often appear when the skin under the eyes becomes thin and more transparent as a person naturally ages. Due to thinner skin, blood flow in veins under the eyes is much more apparent making the skin look darker. Not getting enough sleep, sleep deprivation, and insomnia also play a role in developing dark circles. Lack of sleep causes the veins under the eyes to fill with more blood making the skin look darker in that particular area similar to the effects from a bruise. Fatigue can cause your muscles to relax and lose tone underneath your eyes. Men and women suffering from allergies, hay fever, and even asthma experience congestion in the fine veins below the eyes resulting in dark circles. Hormonal changes can also be the culprit. Pregnancy and taking birth control pills are just two examples of hormonal changes that occur in the body.

What treatments can we offer?

Before we carry out any treatment we would carry out a consultation in which the consultant would go through a health check, lifestyle check and go through current home care routine.

Once your concerns have been discussed you would then be advised on how many clinical treatments would be recommended together with home care. In addition to clinical treatments and home care you would be advised on regular massaging techniques you would need to carry out at home also to achieve the desired results.

What results should I expect?

After 2 – 3 weeks you will notice that with the use of home care together with clinical treatments elimination of irregular liquids and pigments accumulated in the area, thus reducing the appearance of dark circles, bags and puffy skin around the eyes. In addition it your eyes will feel moisturized, firm and will have more thickness around the eye area.

When start the clinical treatments the therapist will work on the entire face and not just around the eyes therefore the skin should overall look more hydrated and bright in complexion.

Homecare

Hydra-Vital Factor K £50.81

A moisturizing and nourishing cream for the face and neck. Maintains the skin in the optimum conditions of smoothness and elasticity

Fast Skin Repair (am and pm after Hydra-Vital Factor K) £43.21

Repairing and revitalizing gel for dry and damaged skin. Can increase the skin's cellular renovation up to approximately 34% while restoring luminosity. Its anti-aging properties stimulate cell renovation. Slight peeling effect. Ideal for use on dry and devitalized skin to increase cell turnover, resulting in smoother firmer looking skin.

Complete moisturizing sun block (am after Fast Skin Repair) £37.00

Specifically formulated for sensitive skin, this sun block provides high protection against UVA and UVB rays.

Power patch E-Light £89.95

Micro-electronic skin care treatment patch

Eye-Light Power is a cosmetic designed with technologically advanced criteria to address the cosmetic need of the skin around the eyes. Its aim is to correct circles, bags, and swelling of the skin around the eyes. It also provides an anti wrinkle, moisturizing and firming effect

If you decide to just go for home care and the peels then you will just need the Hydra Factor K and Power patch E-Light.

For further information please contact the clinic to arrange a consultation.